



# Transition-Age Youth in Foster Care in Vermont

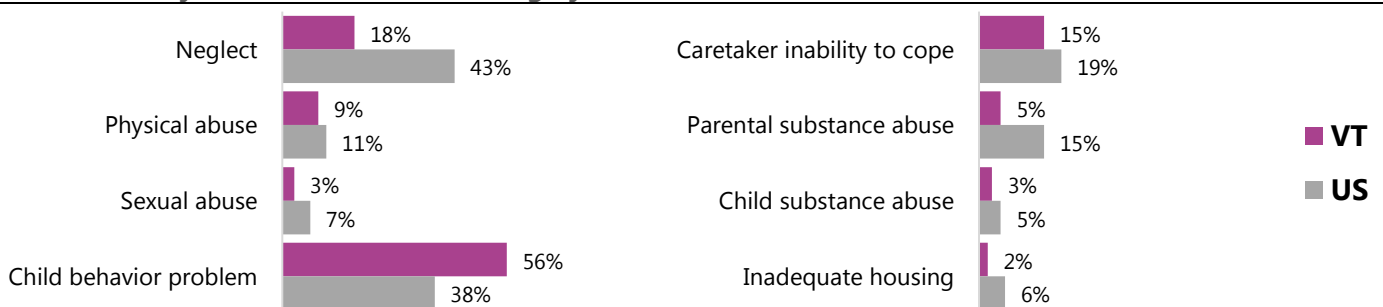
## Who are the transition-age youth in foster care in VT?

	VT	US
Number of transition-age youth (16 to 21 year olds) in foster care in 2015 <sup>1</sup>	409	113,829
Number of transition-age youth who emancipated or aged out of foster care in 2015	66	20,698
Share of total child welfare agency expenditures in SFY 2014 that were spent on services and assistance for older youth in, or previously in, foster care <sup>2</sup>	Not available	2%

## Age distribution of transition-age youth in foster care between 2011 and 2015

	Total # of youth	16 yr olds	17 yr olds	18 yr olds	19 yr olds	20-21 yr olds
<b>2011</b>	466	38%	34%	26%	2%	0%
<b>2012</b>	450	30%	41%	27%	2%	0%
<b>2013</b>	445	34%	37%	27%	2%	0%
<b>2014</b>	409	37%	35%	26%	2%	0%
<b>2015</b>	409	34%	38%	27%	1%	0%
<b>US 2015</b>	113,829	34%	33%	26%	5%	2%

## Foster care entry reasons for transition-age youth in foster care<sup>3</sup>



## Length of time in foster care for transition-age youth

	VT	US
Median age when entered foster care	15 years	15 years
Percent of transition-age youth in foster care 3 or more years <sup>4</sup>	25%	30%
Percent of transition-age youth who exited and re-entered foster care	30%	34%

## Number of foster care placements for transition-age youth in foster care<sup>5</sup>

	1 or 2 placements	3 or 4 placements	5 or more placements
<b>VT</b>	33%	26%	41%
<b>US</b>	45%	21%	33%

## Case plan goal for transition-age youth in foster care<sup>6</sup>

	VT		US	
	16–17 yr olds	18–21 yr olds	16–17 yr olds	18–21 yr olds
Adoption	11%	5%	10%	4%
Emancipation (often referred to as “aging out”) <sup>7</sup>	5%	9%	12%	50%
Guardianship or live with other relative(s)	6%	3%	11%	7%
Long-term foster care	5%	13%	10%	14%
Reunification	62%	69%	50%	23%

## Most recent placement setting for transition-age youth in foster care<sup>8</sup>

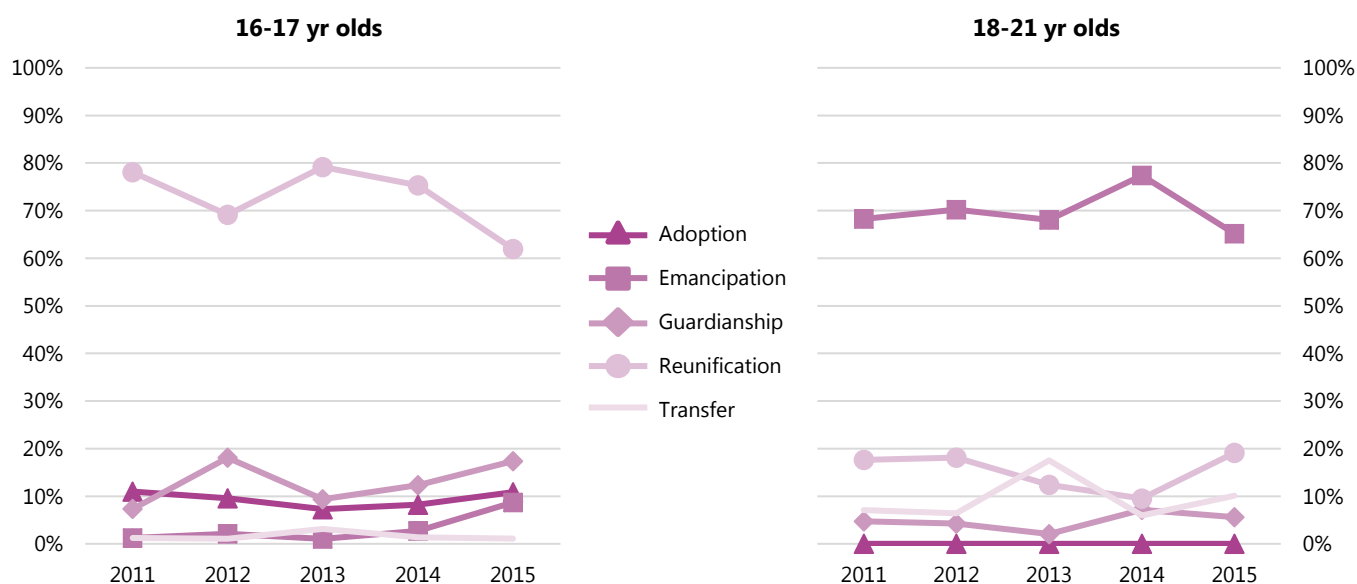
	VT		US	
	16–17 yr olds	18–21 yr olds	16–17 yr olds	18–21 yr olds
Group home or institution	27%	25%	40%	29%
Non-relative foster family	35%	37%	29%	29%
Relative foster family	18%	14%	13%	8%
Supervised independent living <sup>9</sup>	<1%	4%	1%	22%
Trial home visit	18%	18%	10%	5%

## Why did 182 transition-age youth in VT leave care in 2015?

### Exit reasons of youth who left foster care<sup>10</sup>

	VT		US	
	16–17 yr olds	18–21 yr olds	16–17 yr olds	18–21 yr olds
Adoption	11%	0%	7%	<1%
Emancipation (often referred to as “aging out”)	9%	65%	4%	85%
Guardianship or living with other relative(s)	17%	6%	16%	2%
Reunified with parent/primary caretaker	62%	19%	64%	10%
Transfer to another agency	1%	10%	7%	2%

### Exit reasons in VT since 2011<sup>11</sup>



## Age distribution of transition-age youth who emancipated (often referred to as “aging out”)

	16- 17 yr olds	18 yr olds	19 yr olds	20 yr olds	21 yr olds
VT	8; 12%	56; 85%	2; 3%	0; 0%	0; 0%
US	4%	71%	18%	2%	3%

**Of the 56 youth who were in care on their 18<sup>th</sup> birthday in FY 2014...<sup>12</sup>**

	VT		US	
Number and percent that were still in care on their 19 <sup>th</sup> birthday <sup>13</sup>	2	4%	3,189	25%
Exit reasons for those that exited care before their 19 <sup>th</sup> birthday				
Emancipation (often referred to as "aging out")	38	90%	6,154	77%
Permanency <sup>14</sup>	3	7%	1,416	18%
Other non-permanency situation <sup>15</sup>	1	2%	422	5%
No information available on status as of 19 <sup>th</sup> birthday	11	20%	1,508	12%

**How are transition-age youth in VT faring at age 19 and 21?****Of youth who spent time in foster care...<sup>16</sup>**

	VT		US	
	at age 19	at age 21	at age 19	at age 21
Total number of youth who were eligible to complete the NYTD survey	48	48	11,350	11,471
Total number of youth who responded to the NYTD survey	32	18	7,584	7,083
Finished high school/GED	50%	89%	56%	76%
Employed full- or part-time	28%	56%	34%	49%
Medicaid or other health insurance coverage	84%	44%	79%	75%
Experienced homelessness in past two years	41%	28%	20%	27%
Attending school	38%	39%	55%	32%
Connected to an adult	94%	78%	90%	87%
Had children in the past two years	19%	44%	12%	27%
Was incarcerated in the past two years	19%	33%	22%	22%
Referred for substance abuse treatment in the past two years	25%	17%	15%	11%
Receiving public assistance	50%	6%	25%	32%

**Of youth in the general population...<sup>17</sup>**

	VT		US	
	at age 19	at age 21	at age 19	at age 21
Total number of youth	11,133	9,697	4,246,635	4,670,085
Finished high school/GED	93%	96%	87%	90%
Employed full- or part-time	42%	61%	45%	60%
Attending school	76%	64%	68%	52%
Medicaid or other health insurance coverage	90%	79%	86%	84%

**How does VT support transition-age youth?****Extended foster care**

Does VT have extended foster care? <sup>18</sup>	Yes
Does VT extend foster care through Title IV-E? <sup>19</sup>	No
Age when young people can no longer be in foster care in VT <sup>20</sup>	22 years old

**Funding for services and supports for transition-age youth<sup>21</sup>**

Dollars spent by VT's child welfare agency in SFY 2014 on services and assistance for older youth in, or previously in, foster care <sup>22</sup>	
Federal	\$4,662,381
State/Local	Not available
Federal Chafee dollars spent by VT's child welfare agency in SFY 2014 <sup>23</sup>	\$1,146,620

## Independent living services provided to transition-age youth in VT<sup>24</sup>

	VT	US
Number of youth (aged 16-26) receiving independent living services in FFY 2015	427	95,810

### Age distribution of youth receiving independent living services

	16 to 17 yr olds	18 to 20 yr olds	21 to 26 yr olds
VT	143; 34%	222; 52%	62; 15%
US	37%	50%	13%

Most commonly received services by youth in VT		Least commonly received services by youth in VT	
Career preparation	79%	Mentoring	22%
Budget and financial management	75%	Education finance assistance	22%
Health education and risk prevention	75%	Supervised independent living	13%

<sup>1</sup> Unless specified otherwise, data on foster care is from the federal Adoption and Foster Care Analysis Reporting System (AFCARS), and represents federal fiscal year (FFY) 2015 (October 1, 2014 – September 30, 2015). Unless otherwise noted, for each calculation, children who were missing data on the relevant indicator were excluded from analyses. Number of youth age 16 to 21 served in foster care during FFY 2015. Age is calculated on the last day of the fiscal year or the day they exited care.

<sup>2</sup> Data are from Child Trends' state fiscal year (SFY) 2014 Child Welfare Financing Survey. For more information on the survey, see *Child Welfare Financing SFY2014: A survey of federal, state, and local expenditures*. Services and assistance for older youth excludes foster care maintenance payments for youth 18 and older. For most states, figures are based on approximations. While states were asked to provide information on how funds were spent on specific service categories, Vermont was unable to provide this information for state and local funds.

<sup>3</sup> Totals add up to more than 100% because youth can have more than one entry reason. The following entry reasons are not presented: abandonment, parental incarceration, child disability, parental death, and relinquishment of parental rights.

<sup>4</sup> Length of stay in care is calculated based on the current removal episode.

<sup>5</sup> The number of places the youth has lived, including the current setting, during the current removal episode. Does not include trial home visits.

<sup>6</sup> These figures may not add up to 100%, as youth who did not yet have a goal established are not presented.

<sup>7</sup> The goal of emancipation is defined as maintaining the youth in a foster care setting until the youth reaches majority (i.e., is considered an adult) due to age, marriage, etc., as defined by the state.

<sup>8</sup> Placement as of the last day of FFY 2015 (September 30, 2015) or immediately preceding exit from care. These figures may not add up to 100%, as youth who were runaways are not presented.

<sup>9</sup> An alternative traditional living arrangement where the youth is under the supervision of the agency but without 24-hour adult supervision, is receiving financial support from the child welfare agency, and is in a setting which provides the opportunity for increased responsibility for self-care.

<sup>10</sup> Of youth who exited care in FFY 2015. Information on exit reasons does not include youth who died. Emancipation means the youth left foster care at the age of majority, as defined by the state. Percentages on exit from care may not add up to 100%, as youth who ran away are not presented.

<sup>11</sup> Of youth who exited care in each FFY since 2011.

<sup>12</sup> Includes youth who turned 18 in FFY 2014, and did not exit care within the 30 days before or after their 18<sup>th</sup> birthday.

<sup>13</sup> Includes youth who turned 19 in FFY 2015, and did not exit care within the 30 days before or after their 19<sup>th</sup> birthday.

<sup>14</sup> Permanency includes: reunification, adoption, guardianship, or living with other relative(s).

<sup>15</sup> Other non-permanency situations include: runaway, transfer to another agency.

<sup>16</sup> Data on outcomes of youth who spent time in foster care comes from the National Youth in Transition Database (NYTD). Data for 19-year-olds is from FFY 2013 and for 21-year-olds is from FFY 2015.

<sup>17</sup> Data on youth in the general population comes from the American Community Survey 2011-2015 estimates.

<sup>18</sup> Data are from a survey of child welfare agencies on services and supports for youth transitioning from foster care, conducted by Child Trends in 2015-2016.

Extended care refers to a state's child welfare agency maintaining placement and care responsibility of a young person past their 18th birthday (the age of legal majority in most states), through the federally matched Title IV-E foster care program, state and/or local dollars, or other federal sources.

<sup>19</sup> Data as of 4/3/2017 from the U.S. Department of Health and Human Services. Extension of foster care through Title IV-E allows states to receive federal Title IV-E reimbursement for certain costs associated with supports to eligible young people to remain in foster care up to age 21.

<sup>20</sup> This refers to the age at which the young person can no longer remain under the care and supervision of the state's child welfare agency. Data are from a survey of child welfare agencies on services and supports for youth transitioning from foster care, conducted by Child Trends in 2015-2016.

<sup>21</sup> Data in this table are from Child Trends' SFY 2014 Child Welfare Financing Survey. Most states were only able to provide approximate percentages for how their dollars are spent; we applied those approximate percentages to their total reported spending levels to get estimates of how much they spent on older youth.

<sup>22</sup> Services and assistance for older youth excludes foster care maintenance payments for youth 18 and older. While states were asked to provide information on how funds were spent on specific service categories, Vermont was unable to provide this information for state and local funds.

<sup>23</sup> The Chafee Foster Care Independence Program allocates funding to states for expenses related to independent living activities that prepare youth to successfully transition out of foster care. Funding can also be used for services for some young people who have already left foster care. Chafee dollars reported here includes education and training vouchers.

<sup>24</sup> Data from the National Youth in Transition Database (NYTD). Young people, age 16 through 26, who received independent living services in FFY 2015 paid for or provided by the state agency that administers the Chafee Foster Care Independence Program.