



Mixed Methods & Recruitment

TOTAL SESSION TIME: 110 minutes

SESSION OBJECTIVES:

- Participants will learn about mixed methods research and discuss participant recruitment.

Opening Block: Thorns and Roses

TIME: 15 minutes

OBJECTIVES: Participants will check in with each other.

ACTIVITY: Thorns and Roses: Ask participants to share some good that happened in the last week (roses) and some not-so-great (thorns).

Core Block 1: Exploring Mixed Methods Approaches

TIME: 30 minutes

OBJECTIVES: Participants will learn about mixed methods research.

MATERIALS:

- YouTube Link

ACTIVITY:

- Watch the Mixed Methods video ([link](#))

DISCUSS:

- Discuss what a mixed methods approach may look like for this study.
- Ask participants about their preferred research design.

Core Blocks 2: Participant Recruitment (Pt 1)

TIME: 30 minutes

OBJECTIVES: Participants will learn about sampling methods.

MATERIALS:

- YouTube ([link](#))
- Slide deck

ACTIVITY:

- Play the video to learn about sampling methods.
- Review the slide deck on sampling methods.

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Learn more about Safety 7 at <https://www.childtrends.org/project/centering-youth-experiences-youth-participatory-action>.

DISCUSS:

- Discuss sampling methods with participants.
- Ask participants to think about which sampling strategy works best for their 'Big Question'.

Core Block 3: Participant Recruitment (Pt 2)

TIME: 30 minutes

OBJECTIVES: Participants will decide on a sampling strategy for their study.

ACTIVITY:

- Participants will review their draft research questions and discuss which sample strategy makes sense for their work.
- Help participants decide on an approach.

DISCUSS:

- Brainstorm how participants will reach out to collect their sample.
 - Will they text? Call? Go door to door?
- Have them think about what strategies will work best for each part of their research agenda.

Closing Block: Closing Ritual

TIME: 5 minutes

OBJECTIVES: Participants will end the meeting with their closing ritual.

ACTIVITY: Ask a participant to lead the group in the closing ritual.